



**SAFE  
WORK**



**OCCUPATIONAL  
HEALTH & SAFETY  
RESOURCES  
FOR MANITOBA'S  
YOUNG WORKERS**

[www.safemanitoba.com](http://www.safemanitoba.com)

**The following resources are either already in use or initiatives underway in Manitoba to address the occupational health and safety of Manitoba's young workers:**

1. **SAFE Workers of Tomorrow Campaign** provides presentations to students anywhere in Manitoba at no cost to students, schools or school divisions. During interactive presentations, students hear information about:
  - How to recognize workplace hazards
  - Prevention of workplace injury, illness and death
  - Workplace Hazardous Materials Information System (W.H.M.I.S.) – working with chemicals
  - Health and safety rights of Manitoba workers
  - Use of personal protective equipment
  - Steps to take if injured in a workplace

**Student Resource Book.** This handbook was originally funded by the Workplace Safety & Insurance Board of Ontario and developed by the Workers Health and Safety Centre and the Industrial Accident Prevention Association. The handbook has been reproduced by the Manitoba Workers Compensation Board for distribution to Manitoba youth through the Workers of Tomorrow Safety Centre Inc. Also available in French by accessing the French part of the website. For more information see [www.workersoftomorrow.com](http://www.workersoftomorrow.com).

2. **Anokiiwin Training Institute** developed health and safety curriculum for traditional and online delivery. This curriculum package provides culturally relevant and reality-based training for **Aboriginal youth** and other workers entering the workforce for the first time. The program is delivered through seven coordinated workshops (either delivered as a package or as individual workshops). The Working Safely for Life series of workshops include:

- i) Teaming Up For Safety – Safety and Health Roles and Responsibilities
- ii) Preventing and Protecting – Working Safely With Hazards
- iii) Putting First Things First – Preventing Accidents at the Workplace
- iv) Recognizing Problems and Solutions – Using WHMIS
- v) Working With and For Workers – How Workers Compensation Works
- vi) Taking It All Back Home – Working Safely in the Community
- vii) Seeing the Big Picture – Connecting Health and Safety and the Environment

Program materials include: participant manuals, participant workbooks with learner exercises and assessments and facilitator guides. Material is available in both paper-based and CD formats by contacting the WCB, see contacts on last page.



3. **Victor Mager Job Re-Entry Program (VMJREP)** – “Occupational Health and Safety for Young Workers.” VMJREP developed and designed health and safety curriculum to enhance the employability skills training segment by providing basic health and safety training to individuals with *low literacy* skills and minimal work histories. The curriculum was designed to instruct for both content knowledge and attitudinal effect through physical activity, educational games and classroom learning which is then followed up with job training and work placements. Available in paper version only by contacting the WCB, see contacts on last page.
  
4. **Teacher Resource Binder** – Student Program. The Safe Work Student Program is a teaching resource available free of charge to all teachers in Manitoba. It provides five modules of instruction on various topics including: rights and responsibilities and principles of hazard recognition in the workplace. Modules consist of a detailed lesson plan and instructional aids such as video, visuals and student handouts. Available by visiting [www.gov.mb.ca/labour/safety](http://www.gov.mb.ca/labour/safety) or contact Judy Fraser at [judy.fraser@gov.mb.ca](mailto:judy.fraser@gov.mb.ca).
  
5. **Support Document for Industrial Arts Teachers** – “Keeping Your Facilities Safe.” In Manitoba there are over 150 industrial arts facilities. A typical facility may host 150 different students per week, and some facilities may host four different types of programs. With this in mind, the document recognizes the teacher’s role in developing and instilling a safe attitude in students that will carry on from school into their working years. Available at website [http://www.edu.gov.mb.ca/ks4/docs/support/ia\\_safe/index.html](http://www.edu.gov.mb.ca/ks4/docs/support/ia_safe/index.html).
  
6. **Seasonal Worker Safety and Health Orientation Program** – this Orientation Program for seasonal and new workers focuses on rights and responsibilities and on principles of hazard recognition in the workplace. Through repetition and practice, participants develop the confidence they need to ask the right questions and to speak up when they feel they need more instruction to complete a task safely. As well, they will develop skills to recognize, evaluate and control hazards. By focusing on activities and scenarios, participants learn how to recognize hazards and make their work environment safer. Both a Leader’s Guide and a Participant’s Guide. are available and can be accessed at: <http://www.safemanitoba.com/programs.aspx>. For a CD version of the program, contact [judy.fraser@gov.mb.ca](mailto:judy.fraser@gov.mb.ca)
  
7. **Average Day** - Young workers represent a significant part of the modern Manitoba workforce. Many of these young people are just starting out in their careers, often beginning their first jobs in entry-level positions that involve a great deal of physical labour.



The Workers Compensation Board of Manitoba and Manitoba Public Insurance developed “An Average Day” as a means of raising awareness about safety issues relating specifically to young workers. The program can be completed in about an hour. The goal is to have young people start thinking about all aspects of workplace safety, including:

- What to ask a potential employer regarding safety and training
- Having a safe commute to and from work
- Taking basic steps to improve safety on a daily basis; and
- Rights and responsibilities of young workers, employers and supervisors

8. **Health and Safety 101** is an e-course developed by the Workplace Safety and Insurance Board (WSIB) in Ontario and adapted for Manitoba, to provide workers 24 years old and younger with important health and safety information. Take the course at <http://www.safemanitoba.com/programs.aspx>

This course can also prepare you for the Passport to Safety test and online transcript program ([www.passporttosafety.com](http://www.passporttosafety.com)) Through the Passport program, there is the opportunity to receive a nationally recognized certificate, of Passport, to show employers a basic level of health and safety knowledge.

9. **Three Youth Focused Pamphlets and Tip Sheets** (available in French and English):
- i) Getting a Job – What You Need to Know About Safety and Health on the Job
  - ii) Tip Sheet for Parents – Your Teen at Work
  - iii) Tip For Employers and Supervisors Employing New Workers.

Available from website [www.gov.mb.ca/labour/safety](http://www.gov.mb.ca/labour/safety) and at [www.safemanitoba.com](http://www.safemanitoba.com)

10. **Farm Family’s Guide to Safety and Health** (available in English, currently being translated into French) – The guide outlines the responsibilities of the various parties on a farm, describes elements of a safe farm, describes management practices that help ensure the safety and health of everyone on the farm and includes a farm safety checklist. This guide is distributed by Manitoba Labour and Immigration, Workplace Safety and Health Division and Manitoba Agriculture and Food. Available in print and CD format by contacting the Provincial Farm Safety Coordinator at (204)945-2315 or email: [glen.blahey@gov.mb.ca](mailto:glen.blahey@gov.mb.ca).



11. **North American Guidelines for Children’s Agricultural Tasks** (available in French and English) – These guidelines are made available for Canada wide distribution through the commitment to agricultural safety and health by Manitoba Labour, Workplace Safety and Health Division and the Workers Compensation Board of Manitoba. This is a family resource manual covering animal care, general activities, haying operations, implement operations, manual labour, speciality production and tractor fundamentals. Available from website [www.nagcat.org](http://www.nagcat.org) or in print and CD format by contacting the Provincial Farm Safety Coordinator at (204)945-2315 or email: [glenblahey@gov.mb.ca](mailto:glenblahey@gov.mb.ca).
  
12. **Dauphin Regional Comprehensive Secondary School (DRCSS)** – “Power Mechanics Safety and Health.” This health and safety curriculum produced by DRCSS for use in Manitoba schools provides instruction in Power Mechanics. This resource was provided to all Manitoba high schools offering a power mechanics program. Available through the web at [www.drcss.pein.org/dr20032004/pmsafety/pmsafetytoc.htm](http://www.drcss.pein.org/dr20032004/pmsafety/pmsafetytoc.htm) or by contacting WCB, see contacts on last page.
  
13. **Keewatin Community College (KCC) - “Safety in the Workplace”**. KCC developed generic (non-trade specific) occupational health and safety curriculum for integration into the programs they offer. Information is available by contacting Keewatin Community College (The University College of the North).
  
14. **The Technical and Vocational High School (Tec Voc)**
  - (a) **“The Ownership of a Culture - Putting Students First”**  
 Tec Voc developed and designed health and safety curriculum for integration and delivery across the various programs offered at Tec Voc. Tec Voc is one of only a few technical-vocational high schools in Manitoba with an annual enrolment of close to 1300 students, from a wide variety of ethnic and cultural backgrounds. The programs offered at Tec Voc allow students to select courses, which develop marketable job skills and assist them in obtaining employment in a trade or in industry.
  
  - (b) **The Career Portfolio Workplace Safety & Health Project**  
 Tec-Voc's project will build on “The Ownership of a Culture – Putting Students First”. The Career Portfolio Workplace Safety & Health Project involves three components:
    1. Integration of WH&S content into Tec-Voc’s Career Portfolio curriculum;
    2. Development of a WH&S guide to compliment the “self managed career portfolio guide” produced by the Province of Manitoba, and
    3. To share these resources with other schools.



The scheduled completion for this project is December 2008

Additional information about these projects is available by contacting gcrook@wsd1.org or WCB (see contact information on the last page).

15. **Minerva SAFE Manitoba** The goal of Minerva Manitoba is to introduce more safety and health information into the curriculum of Manitoba's post-secondary institutions. Through this initiative, Minerva will provide funding and other resources to encourage the integration of safety and health into post-secondary programs. A SAFE Manitoba Award has been established at the Red River College and at the University of Manitoba. As well, several faculties have developed materials and other teaching information. To view and use them, visit [www.umanitoba.ca/afs/staff/safety](http://www.umanitoba.ca/afs/staff/safety);  
[http://umanitoba.ca/admin/human\\_resources/ehso/geninfo/Minerva.html](http://umanitoba.ca/admin/human_resources/ehso/geninfo/Minerva.html);  
<http://www.safetymanagementeducation.com/>  
Visit the Minerva Canada website for more information at  
<http://www.safetymanagementeducation.com/>  
or contact Judy Fraser at [judy.fraser@gov.mb.ca](mailto:judy.fraser@gov.mb.ca)
  
16. **Manitoba SAFE Work Campaign** to help prevent injuries in Manitoba workplaces. The Workers Compensation Board of Manitoba and Manitoba's Workplace Safety and Health Division launched a major SAFE Work campaign to draw attention to the need to prevent workplace injuries and deaths and develop a culture of safety in Manitoba. For information contact Darren Oryniak, Director of SAFE Work Services ([doryniak@wcb.mb.ca](mailto:doryniak@wcb.mb.ca)) or visit the SAFE Manitoba website at [www.safe.manitoba.ca](http://www.safe.manitoba.ca)
  
17. **MFL Occupational Health Centre, Inc. (MFLOHC)**
  - (a) **Aboriginal Workers Education and Outreach Project – Phase 1.** Initially a consultative survey was used to determine the type of health and safety resources currently accessible and relevant to Aboriginal workers, and to build on existing strengths of the Aboriginal community to deal with workplace health and safety issues. The challenges confronting the *young workers* and their families; cultural awareness for employers, and workers who are reluctant to report workplace health and safety were identified as relevant areas that needed attention. It was recommended that the challenges facing these groups would be supported by equating the traditional seven Aboriginal teachings of respect, humility, love, truth, honesty, courage and wisdom with the rights of workers to know about workplace hazards, participate in health and safety committees and to refuse unsafe work. For further information please visit [www.mflohc.mb.ca](http://www.mflohc.mb.ca).



(b) **Aboriginal Workers Education and Outreach Project – Phase 2.**

The aim of this initiative is to build on the results of the survey that identified how to increase aboriginal workers' awareness on workplace health and safety issues. The project will develop and implement a strategy to equate the traditional seven Aboriginal teachings with issues of workplace health and safety for Aboriginal workers, including young workers.

For additional information please visit the MFL Occupational Centre, Inc. website at [www.MFLOHC.mb.caa](http://www.MFLOHC.mb.caa)

18. **Red River College “Occupational Health and Safety Certificate Program”**

This program will provide graduates with the fundamental knowledge and skills essential in addressing health, safety and prevention strategies to reduce the risk of workplace injury and disease. Occupational Health and Safety graduates will be prepared to function in a variety of industrial, business and educational settings, in accordance with provincial legislation and to promote a reduction in occupational risk of injury and disease in Manitoba workplaces. The certificate program is being offered by RRC every fall since 2006 as an 8 month full-time day program. The program courses are also being offered in a variety of other delivery modes depending on market demand.

19. **United Steelworkers of America (USWA) “Building Respectful Workplaces”**

As part of their “Building Respectful Workplaces” program USWA delivered the message about “respectful workplaces” to students. The Steelworker Young Worker Awareness sessions were successful in introducing the anti-harassment program in Thompson, Manitoba high schools. Presentations were also made to several schools in Winnipeg.

20. **Manitoba Restaurant Association (MRA) “Foodservice Industry Safety and Health Multimedia Series”**

The restaurant industry in Manitoba employs approximately 35,000 people, of which 75% are between the ages of 16 to 25. The project, branded SAFE Hospitality, developed a video and booklet on food service health and safety information and the safe operation of equipment. The video and booklet provides employers with a tool to teach their employees safe work practices. The print information developed from this project is available in French and the video is available with closed-captioning (English version only). These resources were distributed, free of charge, to foodservice establishments in Manitoba.



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Workers Compensation Board of Manitoba

Manitoba Workplace Safety and Health Division

Manitoba Education and Youth Division

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